

2025



- Trénink KARATE
- Trénink KARATE se nekoná
- Letní soustředění KARATE
- MS WUKF 2025



ZŠ Zárubova

Zárubova 977/17, Praha 12



@juklkarateteam



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| | Leden | Únor | Březen | Duben | Květen | Červen | Červenec | Srpen | Září | Říjen | Listopad | Prosinec |
|----|-------|------|--------|-------|--------|--------|----------|-------|------|-------|----------|----------|
| Po | | | | | | | | | | | | |
| Út | | | | 1 | | | 1 | | | 1 | | 1 |
| St | 1 | | | 2 | | | 2 | | 2 | 3 | | 3 |
| Čt | 2 | | | 3 | 1 | | 3 | | 4 | 2 | | 4 |
| Pá | 3 | | | 4 | 2 | | 4 | 1 | 5 | 3 | | 5 |
| So | 4 | 1 | 1 | 5 | 3 | | 5 | 2 | 6 | 4 | 1 | 6 |
| Ne | 5 | 2 | 2 | 6 | 4 | 1 | 6 | 3 | 7 | 5 | 2 | 7 |
| Po | 6 | 3 | 3 | 7 | 5 | 2 | 7 | 4 | 8 | 6 | 3 | 8 |
| Út | 7 | 4 | 4 | 8 | 6 | 3 | 8 | 5 | 9 | 7 | 4 | 9 |
| St | 8 | 5 | 5 | 9 | 7 | 4 | 9 | 6 | 10 | 8 | 5 | 10 |
| Čt | 9 | 6 | 6 | 10 | 8 | 5 | 10 | 7 | 11 | 9 | 6 | 11 |
| Pá | 10 | 7 | 7 | 11 | 9 | 6 | 11 | 8 | 12 | 10 | 7 | 12 |
| So | 11 | 8 | 8 | 12 | 10 | 7 | 12 | 9 | 13 | 11 | 8 | 13 |
| Ne | 12 | 9 | 9 | 13 | 11 | 8 | 13 | 10 | 14 | 12 | 9 | 14 |
| Po | 13 | 10 | 10 | 14 | 12 | 9 | 14 | 11 | 15 | 13 | 10 | 15 |
| Út | 14 | 11 | 11 | 15 | 13 | 10 | 15 | 12 | 16 | 14 | 11 | 16 |
| St | 15 | 12 | 12 | 16 | 14 | 11 | 16 | 13 | 17 | 15 | 12 | 17 |
| Čt | 16 | 13 | 13 | 17 | 15 | 12 | 17 | 14 | 18 | 16 | 13 | 18 |
| Pá | 17 | 14 | 14 | 18 | 16 | 13 | 18 | 15 | 19 | 17 | 14 | 19 |
| So | 18 | 15 | 15 | 19 | 17 | 14 | 19 | 16 | 20 | 18 | 15 | 20 |
| Ne | 19 | 16 | 16 | 20 | 18 | 15 | 20 | 17 | 21 | 19 | 16 | 21 |
| Po | 20 | 17 | 17 | 21 | 19 | 16 | 21 | 18 | 22 | 20 | 17 | 22 |
| Út | 21 | 18 | 18 | 22 | 20 | 17 | 22 | 19 | 23 | 21 | 18 | 23 |
| St | 22 | 19 | 19 | 23 | 21 | 18 | 23 | 20 | 24 | 22 | 19 | 24 |
| Čt | 23 | 20 | 20 | 24 | 22 | 19 | 24 | 21 | 25 | 23 | 20 | 25 |
| Pá | 24 | 21 | 21 | 25 | 23 | 20 | 25 | 22 | 26 | 24 | 21 | 26 |
| So | 25 | 22 | 22 | 26 | 24 | 21 | 26 | 23 | 27 | 25 | 22 | 27 |
| Ne | 26 | 23 | 23 | 27 | 25 | 22 | 27 | 24 | 28 | 26 | 23 | 28 |
| Po | 27 | 24 | 24 | 28 | 26 | 23 | 28 | 25 | 29 | 27 | 24 | 29 |
| Út | 28 | 25 | 25 | 29 | 27 | 24 | 29 | 26 | 30 | 28 | 25 | 30 |
| St | 29 | 26 | 26 | 30 | 28 | 25 | 30 | 27 | | 29 | 26 | 31 |
| Čt | 30 | 27 | 27 | | 29 | 26 | 31 | 28 | | 30 | 27 | |
| Pá | 31 | 28 | 28 | | 30 | 27 | | 29 | | 31 | 28 | |
| So | | | 29 | | 31 | 28 | | 30 | | | 29 | |
| Ne | | | 30 | | | 29 | | 31 | | | 30 | |
| Po | | | 31 | | | 30 | | | | | | |